SILVER PALM SPA & RESORT



Overlooking the turquoise blue waters of the Indian Ocean and surrounded by the beautiful palm trees and the refreshing cool breeze, true to the meaning of our name, Barizi Spa offers luxurious relaxation experiences and wellness journeys designed to re-connect with your inner being in an oasis of serenity that reflects the soul of Africa.

We invite you to experience our state of the art facilities designed to encourage a mesmerizing holistic journey through the use of water therapy and rhythmical massage techniques. Highly trained therapists will deliver the ultimate relaxation and rejuvenation.

Enhancing your Barizi Spa journey are his and hers couples experiences including private Jacuzzi session, canapés and champagne.

Gents are not forgotten – do investigate our high performance options to ensure our male guests enjoy the benefit of our expertise.

Enjoy the complete sanctuary that is Barizi spa and feel the stress melt away while you enjoy your day at the spa.

RECONNECT • RELAX • RESTORE

We look forward to welcoming you at Barizi Spa.

Barizi Spa: 10am to 7pm Daily Barizi Fitness: 8am To 7pm Daily Barizi Health Bar: 10am To 6 pm Daily Yoga: (On Request for residents only))





Where Science Meets Natural Beauty

The award-winning TheraVine[™] range was launched in 2004 after years of extensive research and experimenting with formulations and ingredients. The determination and efforts were finally rewarded when TheraVine[™], the answer to healthy and radiant skin, saw the light of day and unlocked the power of natural beauty and skincare.

TheraVine[™] fuses super anti-oxidants derived from grape cultivars with cutting edge active ingredients at highest percentages resulting in specially crafted, extrasensory products that will exceed your expectations in a health and skincare range.

TheraVine[™] offers a selection of cutting edge facial treatments, therapeutic body treatments and signature treatments. Each treatment is designed to address individual's skin, body and lifestyle needs.

Rediscover Youthfulness.



Where I stay, The beauty of Africa

Since the earliest time, Africa's original inhabitants lived in harmony with nature. Inspired by the wisdom of traditional healers use of exotic scents and herbs with well-reputed healing properties and in celebration of Africa's rich heritage and her connection with life, TheraNaka created a skin and body range exploding with earthy richness and renewed life, presenting the ultimate in relaxation and rejuvenation.

TheraNaka is developed using only the finest natural ingredients available from nature while honoring the eco-system. Our products are produced with absolute integrity and do not contain harmful alcohols, artificial fragrances, colorants, harmful petrochemicals or mineral oils. Rest assured that you will experience nothing short of the very best.

We use renewable indigenous species No use of synthetic pesticides, fertilizers and mono-cultural plantation agriculture Sustainable harvesting practices No solvents and irradiation used in the organic certified processes of extraction NOT tested on animals. 100% natural and Eco friendly.





Barizi Spa Etiquette

Time to Relax

• Allow for plenty of time before and after your treatment to fully unwind and truly benefit from your treatments making use of our spa facilities to enhance your experience.

• Arriving late may make it necessary to limit time for your treatment so the next guest is not delayed. Please arrive at least 20 minutes before the scheduled time to check in and prepare to enjoy your treatment.

Communication

• Please communicate health conditions such as high blood pressure, allergies or any other health related concerns you may have upon making your appointment.

• Pregnancy: Please inform us of your pregnancy when making your booking. We have special mom-to-be journeys that is safe for both mother and baby.

• Do not hesitate to ask your therapist or spa staff questions about your treatments or products that are being used.

• Do not hesitate to communicate any concerns such as massage pressure, room temperature, or the areas you want the therapist to focus on during your treatment.

Spa environment

Tranquility: The Barizi Spa is a tranquil space. Please consider our other spa guests and help us keep our noise levels to a minimum.

• Please turn off cellular phones or put on silent on arrival at The Spa.

• Our wellness facilities have been specially designed to complement the healing effects of your body treatments.

• Smoking and alcohol are not permitted inside the spa, this includes the health bar & sun beds.

• As this is a public area keep it modest by using the robes provided when moving from one room to another and wear swimming costumes when using the steam rooms.

Younger guests

• Guests of the age of 16 years will need to be accompanied by their parents and a guardian's consent form must be signed.

Cancellation policy

• We know that things pop up, so we offer you the freedom to cancel your reservation at no charge up to four hours before your appointment. After that, we will apply a cancellation fee of 50% of your treatment cost.

• However, for cancellations with less than one hour's notice, including missed appointments, the full price will be charged.

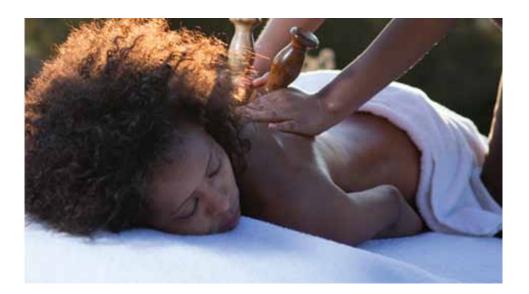
Love your experience

• International products are used in your treatments. These items are available for purchase at the spa. Ask your therapists about our promotional offers.

• Even though we have an extensive treatment menu, please speak to the Spa Manager should you wish to personalize any package. Pre booking fee of 50% deposit required for space, date & time allocations.

• After your treatment(s) you are welcome to enjoy some time to sunbath on our sunbeds, or cool off at our health bar with our nutritious & healthy snacks or drink of your choice. (Health bar Menu & Prices on request)

• Light lunch as per health bar menu may be added to any treatment at a cost. Please pre-order when making your reservation.



IMPORTANT INFORMATION

Celebration Corner

Is it your Honeymoon or Wedding anniversary?

Couples booked in the hotel receive 15% discount on any of the two COUPLES DELUXE OPTIONS

Is it your birthday?

Please tell us as you will receive 10% off any 60 min treatment booked.

Bespoke day treatments

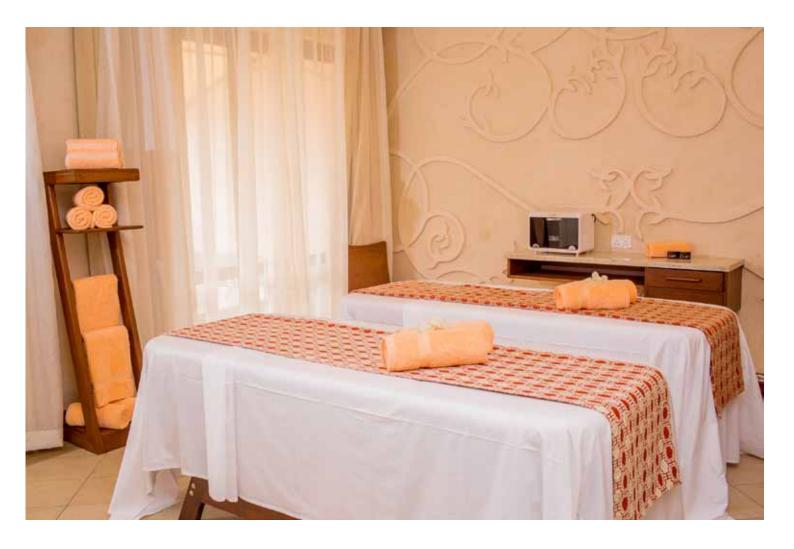
For a spa day as individual as you are...

If by chance you would like something different, you can tailor-make your very own Spa Package.

Choose any treatment combination AND create your own perfect spa day. YOUR WAY.

Long Stay Bespoke Packages

We will be glad to tailor long stay package treatments to enhance the magic of your stay here at Silver Palm Spa & Resort. Kindly speak to the Spa Manager.



RECONNECT JOURNEYS

Unique half and full day experiences designed to reconnect mind, body and soul.

Inclusive of full day use of spa leisure facilities

Musculavine™ Muscle-Release Spa Ritual

2 hours 8,500

VICHY SCRUB • BATH • MASSAGE

After receiving a warm, aroma-infused sugar scrub, you are submerged in a hydrotherapy bath containing muscle warming actives. A massage is performed to help ease the pains of muscle spasms, arthritis, rheumatism, fatigue & anxiety, leaving your body feeling refreshed and invigorated.

Face and Body Glow Experience

3 hours 10,000

SCRUB • MASSAGE • WRAP • FACIAL

Prepare to indulge in our full, sensory signature experience. After receiving a foot cleanse ritual, both face and body are exfoliated to ensure a natural, healthy glow. Relax whilst receiving a pampering face and body massage followed by an extremely moisturizing vine treatment wrap to hydrate and nourish your skin. The grand finale ends with A SPECIALIZED CLASSICAL FACIAL Pure bliss ... A excellent treat for "Bride to be"

Deluxe Pamper Package

4 hours 30 min "Half day" 17,500

SCRUB • BATH • MASSAGE • WRAP • ADVANCED FACIAL • FEET

Prepare yourself for the ultimate indulgence and stress release. To commence, you will enjoy a cleansing ritual with an aromatic Pinotage honey and lime salt scrub. There after you are then immersed in a hydrotherapy tub filled with our secret oil elixir. Melt away tension with our blissful AromaVine[™] massage The luxurious, specialized facial that follows is an intensive boost using vitamins, minerals, peptides and scientifically proven actives to hydrate, nourish and revitalize your skin. Finally, a warm, ceremonial hydrating milk is poured over your feet to treat your skin and nails – followed by a pressure point massage which leaves you completely relaxed and rejuvenated.

Escape Package 8 hours

"Full day" 25,000

Ever had a treatment that you wished would never stop? This full day package is the ultimate answer to that wish. It exquisitely spoils and indulges you the whole day long. Start the day by unwinding in the steam room and then allow our expert therapists to pamper you with the individual treatments. You will feel the stresses and tensions melt away as each treatment focuses on your harmony and well-being. Let your body and face become the center of attention, beginning at the soles of the feet and ending at the crown of the head – performing this ultimate in skin and body-therapy.

- Foot Cleansing Ritual & Steam
- Body Exfoliation (Grape seed infused exfoliation)
- Hydrotherapy Bath
- Relaxing Body Cream Wrap and steam rinse
- Healthy Drink (as per health bar menu)
- Hair and scalp treatment
- AromaVine[™] massage
- Specialized facial
- Light Lunch (as per health bar menu)
- Barizi Hand ritual and signature pedicure
- Relaxation time



RECONNECT JOURNEYS

Thalassotherapy

Water heals. Water stimulates the touch receptors on the skin, increasing blood circulation and releasing tension in muscles. Steam helps relax stiff joints and muscles, as well as cleanses skin, removes toxins, increases blood flow and circulation and reduces stress.

Steam sessions are included in the packages below.

Choose from an array of essential oils lavender, eucalyptus, peppermint or lemon.

Grape Infused Vichy Experience 50 min 8,000

STEAM • VICHY • EXFOLIATION

Your body is cleansed with an exfoliating sponge embedded with red grape skin extract, Redbush extract – something totally unique! Be prepared to be refreshed.

Hydravine™ Rich Milk Bath Ritual 45 min 6,000

STEAM • HYDRA-BATH

Let the pressure of everyday life melt away as you submerge in a Cleopatra inspired rich grape-milk bath containing actives of Red bush extract, Panthenol and Hyaluronic acid.

River Rapids Milk Bath Ceremony 60 min 4,000

STEAM • SCRUB • UPLIFT-BATH

Experience a sublime body cleansing ceremony infused with circulatory-boosting essential oils designed to uplift and re-energize. The perfect remedy for jet-lag.

TheraVine[™] Pinotage Bath Elixir 45 min 5,000.00

STEAM • BATH • MOISTURIZE

Immerse your body in powerful grape skin and vine leaf anti-oxidant extracts combined with indigenous essential oils to promote wellbeing and anti-ageing, whilst achieving a deeper state of therapeutic relaxation. Your body is then glazed in one of the TheraVine[™] Pinotage Body Oils to soften and moisturize the skin.

ThalasoVine[™] Detox Journey 120 min 8,000.00

STEAM • SCRUB • BATH • LYMPHATIC MASSAGE • DETOX DRINK

After being exfoliated, you are submerged in a heated, aromatic bath infused with a re-mineralizing sea water concentrate, rich in mineral salts and trace elements) and a synergistic blend of Juniper berry, Grapefruit and Tea-tree essential oils. Your therapist will then perform a lymphatic drainage massage using a detoxifying body oil – leaving your body restored and completely energized.



RELAX JOURNEYS

The power of touch. A truly unwinding, anti-stress experience awaits you...

Signature Massages

Tri-Scented Shea Body Nugget Massage

90 min 8,000.00

Inspired by the people of Africa's use of the circular form, this unique ritual was created to encompass our connection with nature and celebrating the circle of life. Experience the soothing warmth as the butter melts under your therapist's hands, leaving you utterly relaxed and your skin nourished and hydrated.

African Wood Massage

90 min 7,500.00

Mimicking the rhythmical patterns of an African dance, the TheraNaka[™] signature massage blend light stretching techniques and specially designed body and facial wooden implements to relax and restore your weary body.

African Fusion Swedish massage

30 Min 3,000.00 60 Min 5,000.00 80 Min 6,500.00 Enjoy the freedom of choosing you

Enjoy the freedom of choosing your favorite scent from our selection of Marula-herb infused Fusion body oils to address your every need whilst restoring balance.

Nourishing Hot Rocks Massage

90 min 7,000.00

From heavenly indigenous aromas to herbal purity, our hot stone sense-soothing safari, melts away tension, eases muscle stiffness and increases circulation and metabolism. Each therapy session promotes deeper muscle relaxation through the placement of smooth, water-heated stones at key points on the body.

African Vigour Deep Massage

45 min (back & back of legs) 4,000.00 75 Min 6,500.00

A warm aroma blend infused with circulatory-boosting essential oils is coupled with a deep tissue massage relieving deep seated tension all the way to the core of the muscle.





COUPLES DELUXE OPTIONS

Pinotage Bath ELIXIR & Couples Relaxing Massage

100 min 15,000.00

MASSAGE • WRAP

Immerse your body in powerful grape skin and vine leaf anti-oxidant extracts combined with indigenous essential oils to promote well-being, whilst achieving a deeper state of therapeutic relaxation. Tension melts away with our relaxing massage containing a synergistic blend of cape Chamomile, Neroli and Lavender.

River Rapids Full Body Couples Ritual

150 min 21,000.00

EXFOLIATION • UPLIFT-BATH • MASSAGE • WRAP

To commence this sensory journey, you will receive a full body exfoliation, followed by a circulatory boosting couple's bath to refresh your soul. Let your mind drift off whilst you are gently massaged with fragrant oils and thereafter cocooned in a comforting envelopment.

Enjoy a glass of white or red wine and a plate of cheese after your treatment as you both relax and re-energize.



Mommy Devotion

Massage during pregnancy is a proven method to help with the emotional and physical preparation for giving birth, as well as addressing ailments such as achy hips, backache, muscle tension and fluid retention. New Life. New Mum.

African Earth Nurturing Wrap

60 min 6,000.00

A unique treatment connecting through the power of touch, working with two heartbeats as one. Safe and nurturing care through natural treatment products to meet the increased demand for skin nourishment and hydration during this special time, whilst relaxing the body and restoring energy levels.

African Earth Salt Polish (body)

45 min 4,000.00

Exfoliate your skin "oh-so" gently (but effectively) followed by the most moisturizing luxurious herb-infused Avo and Shea African Earth - massage butter to hydrate and elasticize your skin in a safe and soothing effect.

African Earth Fusion Massage

60 min 4,500.00

A completely relaxing "safe & soothing" full body massage using our safe but effective pre-natal techniques and African Earth Fusion Oil to relax those specific lower back muscles carrying that beautiful bump.

Tired feet to "happy feet"

40 min 3,000.00

A detoxing mineral-rich foot soak, exfoliation and massage for lower legs and feet to help with poor circulation, water retention and the tiring effects of carrying an extra load. They don't call it maternity marathon for nothing.

**Prices inclusive of a healthy drink as per the health bar menu



RELAX JOURNEYS

Dosha - a unique mix of energies. (Vata, Pitta and Kapha) that result in health if they are balanced.

Shirodhara Massage

45 min 6,500.00

Shirodhara, ancient Ayurvedic ritual to rest and calm the mind with a steady flow of warm oil onto the forehead awakening your body's intuitive wisdom and stimulates the pituitary gland, or "third-eye." This is one of the most divine therapies, awakening your body's intuitive knowledge & inner wisdom. This treatment is profoundly relaxing, nourishing. It will improve your mental clarity and comprehension.

Ayurvedic Indian Head Massage

30 min 3,300.00

Using Ayurvedic techniques based on traditional Indian medical systems, Indian head massage not only focuses on the head, but also includes the upper shoulders, neck, upper back face and scalp.

Ayurveda Foot Massage

30 min 3,000.00

Stemming from ancient Indian medicine, an Ayurveda foot massage has the ability to heal, revitalize and improve circulation in the entire body. The use of aromatic oils and pressure points helps to unblock and restore transport of bodily fluids, detoxify and release stored stress and tension. Energy is encouraged to flow freely. As a result the entire body and nervous system are balanced.



VATA



PITTA



KAPHA

RELAX JOURNEYS

Man Space ...! Fight the fatigue caused by long hours of work and combat the tension of tired muscles.

Men Active Daily Facial

60 min 5,000.00

Kick start the perfect skin management and re-energize tired skin with the refreshing combination of cutting edge active extracts.

Men Clarifying Back Treatment

45 min 6,500.00

The TheraVine[™] MEN Clarifying Back Treatment is aimed at refining and purifying the skin whilst reviving tension areas on the back, neck and shoulders. Experience the rebalancing effect of deep cleansing exfoliation while detoxifying actives restore a weary mind, body and soul.

Circulavine™ "sport" Leg Treatment

45 min 3,500.00

An invigorating foot and leg treatment combining manual lymphatic drainage for muscular aches and pains. This is the perfect treatment to help relax and relieve tired, heavy legs.

AROMAvine[™] Scalp & Balancing Leg Ritual

50 min 4,500.00

Frequent Flyers

A balancing massage treatment helping to relax, relieve tension in the scalp, legs and feet as well as working on calming and relaxing pressure points to help restore energy balance. This treatment works on the head, face and feet (including wrap) individually, but as a whole helps to relax and relieve tension in areas that are often neglected

Finishing touches

Active "MAN"icure

45 min 1,600

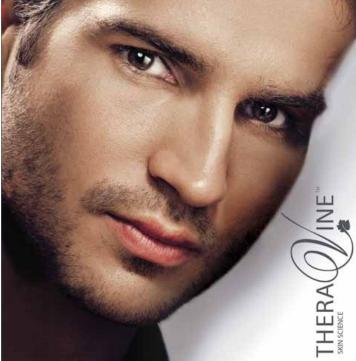
Hand care begins with conditioning of cuticles and nails. Relax with a hand and arm massage leaving you ready for business.

Sporty Pedicure

55 min 2,200

Taking care of the basics with attention to the nail and cuticle. Includes an energizing exfoliation and relaxing foot massage.





RESTORE JOURNEYS

Silky smooth skin prevails. Body Rituals designed to firm, purify, relax and recharge while its delicate aromas will transport you into a place of complete harmony.

Body Buff Cleanse • VICHY EXFOLIATION

45 Min 5,500.00 A gentle, all over body exfoliation, using grape-seeds in a botanical rich body cleansing cream.

Luxurious Pinotage and Lime Salt Glow •

VICHY EXFOLIATION

45 min 5,000.00

A luxurious, ritual body salt scrub, consisting of refined marine salts, grape extracts and honey infused with lemon, lime and sweet orange essences.

BODY WRAPS

ThalasoVine[™] contouring envelopment

110 Min 8,500.00

EXFOLIATION • MASSAGE • WRAP

A specialized, lymphatic drainage technique is performed using a synergistic blend of contouring and detoxifying essential oils. Experience the peak of marine pleasures whilst you are enveloped with our contouring seaweed mask, rich in minerals, trace elements and alginates. Tensions are soothed away, toxins are eliminated, and your body is filled with new energy ...

Hydrating "Sunburn" Body Gel Wrap

60 min 5,500.00

• ALOE GEL WRAP

A wonderful nourishing and essential botanicals are blended in an aloe based pack. Let yourself drift away as you are cocooned in a thermal blanket, revealing skin with greater firmness, uniformity of tone and texture.

TheraVine™ Recharge Body Clay Wrap

70 min 7,000.00

STEAM • SCRUB • CLAY WRAP

A vibrant blend of essential oils of Clary Sage, Rose and Jasmine will enliven your total being. Your body will be re-mineralise with a warm ocean based mineral wrap,

thereafter wrapped in a thermal blanket whilst the essential minerals thoroughly cleanse your body and stimulate cellular regeneration for enhancement of a smoother, hydrated and radiant looking skin.

TARGET TREATMENT

Sculpt-O-Vine™ Cellulite Treatment

60 min 7,000.00

After an exfoliation, a cellulite complex is massaged into the affected areas. Relax and enjoy the warm bubbling sensation of the self-heating mask as your skin's metabolism and lymph activity are in full swing.

· · Home care course recommended for best results



RESTORE JOURNEYS

Skin brightening. Carefully developed by a specialized team using internationally acclaimed active ingredients, powerful anti-oxidant ingredients and organically grown indigenous botanicals leave your skin looking luminous and feeling radiant.

TheraVine™ Classic Facial

60min 5,000.00

Achieve the perfect skin maintenance with a customized facial to either hydrate, re-balance or nourish your skin while the aromas and textures provide for a blissful multi-sensory experience.

Intensive Exfoliating Facial

45 Min 5,000.00 A professional resurfacing treatment containing a 70% Glycolic Acid recommended for sun damaged and wrinkled skins as well as deep acne scarring or other facial scarring A COURSE OF TREATMENT OVER 6 WEEKS RECOMMENDED

Hydravine™ Facial

60min 6,500.00

90 min 8,000.00

A revolutionary cloth mask containing Hyaluronic Acid intensely moisturizes the skin and 'locks in' active ingredients for up to 3 weeks – perfect for very dry, sensitive skin needing intense hydration!

Deluxe Anti-Aging Facial

60 min 8,000.00

This replenishing treatment assists in reducing fine lines and wrinkles with peptide-rich boosters and serums to combat the signs of aging while a plasticizing mask further enhances the actions of the active ingredients.

Ultravine™ Advance Cellular Gold Facial

90 min 12,000.00

Using TheraVine[™]s breakthrough anti-oxidant technology, this anti-ageing concept along with the revolutionary soft 24K gold and diamond dust collagen film mask, promotes the skin's DNA repair system while luxuriously soft and delicately scented creams, serums and balms transport your skin to an advanced state of renewal

New PRO YOUTH teen facial Clarifying Facial

60 min 4,000.00 (Age 16 and over) A specialized crisis specific treatment designed to target problematic skin types, helping clarify, purify and restore balance without dryness or irritation. Experience fast, visible results for a clear complexion and a luminous, even skin tone.



HAND AND FOOT JOURNEYS

Whether you want an indulgent foot warming pedicure or a speedy application of long lasting gel polish, we have the perfect treatment for you!

Express Manicure or Pedicure

30 Min 1450 60 Min 2900 Cut, File, Clean, Buff & Polish

Luxury Manicure

45 min 2000

Indulge in an African inspired spa manicure, treating your hands and forearms to a gentle exfoliation followed by an African Earth fusion hand massage, whilst including nail and cuticle attention, followed by a nail color of your choice for your rejuvenated younger-looking hands.

Luxury Pedicure

60 min 2800

Pamper tired feet and legs during a soothing spa pedicure, focusing on exfoliation of rough skin, a customized nourishing African Shea butter including nail and cuticle attention. Choose a dazzling nail color for your gorgeous new feet.

Barizi Hand Ritual

45 min 2300

Ideal for the "always working hands". Experience the healing touch as your hands and forearms are gently exfoliated with re-mineralizing Atlantic sea salts, following by an ultra-relaxing massage that addresses every exhausted muscle in your hands and arms with its soothing qualities. The healing properties of an Aloe Ferox gel mask soothes and hydrates the hands whilst the application of a Baobab infused lotion will leave the hands soft to the touch. **Excellent for client's that have gel, shellac or fibre nails, as no paint is included.**

Barizi Signature Pedicure

75 Min 3500

The latest innovation in pedicure experiences has arrived! Your relaxation starts with a back massage while your feet are in the Jacuzzi foot spa soak. This "soleful" journey will take your feet through a Geranium and Pine sugar exfoliation, a muscle soothing foot and leg massage with wooden implements will commence followed by a cool, revitalizing mask. Nourishing Baobab infused lotion will be applied to prepare your feet for their journey ahead. The treatment includes nail and cuticle attention. Choose a dazzling nail color for your gorgeous new feet.



GROOMING

Enhancement Services	
Add French Hands or Feet	1,000
Solar Gel Polish Application	1,500
Gel or Shellac Removal	1,500
Finishing Touchoo	
Finishing Touches	500
Eye Brow (Tweezing/Threading) Chin	500
	500
Lip	400
Tinting	
Eye Brow Tint	800
Eye Lash Tint	800
Eye Lash & Brow tint	1,400
Waxing	
Eyebrow	500
Chin	500
Lip	500
Face	1,000
Underarm	600
Half Arm	800
Full Arm	1,500
Chest	2,000
Back	3,000
Half Leg	1,000
Full Leg	2,000
Bikini Line	1,600
Half Brazilian	2,500
Full Brazilian	4,000
Hollywood	5,000



BARIZI HAIR SPA

Bouncy. Shiny. Healthy. Whether you need intense conditioning or straightening, our range of products offer rich botanical ingredients specifically formulated for the treatment of dry scalp conditions as well as different hair textures. Prepare to be transformed!

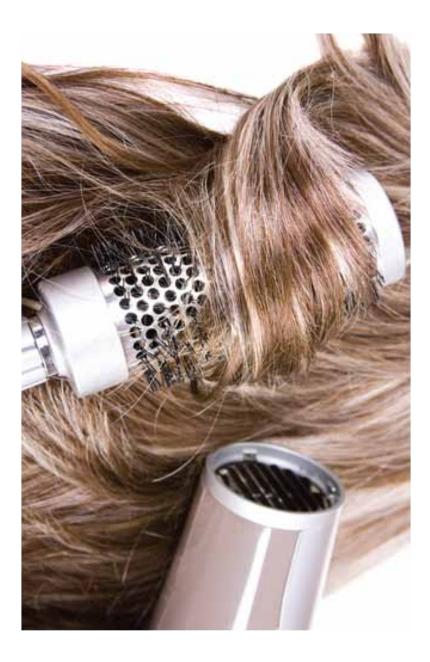
Short Hair		Long Hair	
Wash only	700	Wash only	1000
Wash and Blow Dry	1400	Wash and Blow Dry	2000
Blow Dry only	1000	Blow Dry only	1500
Wash and Flat Iron	2000	Wash and Flat Iron	2500
Flat Iron only	1200	Flat Iron only	1800

Barizi Hair and Scalp Treatment

30 min 4,000

• TONIC • MASSAGE • MASK

Experience self-indulgence during an ultra-relaxing, stress relieving scalp massage using a stimulating scalp tonic after which a conditioning hair oil and intensive hair mask is applied to leave your hair silky soft and shining.





CORPORATE PACKAGES

Group Conference Treatments (Executive)

7500 Per Person

- 20 min Foot exfoliation
- 20 min back or leg massage
- 20 min facial

Express Conference Treatments (Large)

3000 Per Person

- 10 min neck and shoulder massage
- 10 min scalp massage
- 10 min hand or foot massage

ALL TREATMENT PRICES ARE INCLUSIVE OF SPECIAL DISCOUNTED CORPORATE RATES.

OTHER

Kindly inquire at the spa reception for further details on the below.

Barizi Spa Membership

Make enriching the soul and escaping from life's stresses part of your everyday life. We offer a fabulous spa membership giving you the chance to revive, restore and enjoy some invaluable me-time.

Member Referral Program

Please show your appreciation of your good experience by referring us to your friends and family. To show our appreciation, we will reward you as follows:

• When you introduce a new member for enrollment to our Spa in the first 30 days of your membership, you'll receive a one-hour complimentary massage session.

• After your first month of membership, you are eligible to receive a complimentary half-hour upgrade for each additional member enrollment.

Celebration Break

We thrive on making your celebrations even more enjoyable here at Barizi Spa and extend discounted offers for your honeymoon, wedding anniversaries and birthdays or any other special occasion. Kindly inform the spa reception on making a booking.

Fitness & Beauty

State-of-the-art, air conditioned gym Ozone steam rooms Outdoor tennis court

• Inquire at spa reception or gym for a full breakdown of the packages available.

